

similarly and more
so ~~none~~ takes diazepam/
lorazepam or ^{one of} it's
herbal alternatives

- a. chamomile
- b. valerian
- c. passion flower
- d. rosemary

I need to create
some form of direct
link from my physical
body shifaa/healing
directly to the spiritual
shifaa with surah
fatihah etc, the way
the companion (peace

Allah be ~~up~~ pleased with him)
read on someone who
had been bitten by a
scorpion, and the person~~ally~~